Evidence Analysis Library: Chronic Obstructive Pulmonary Disease (COPD) Methods to Estimate Energy and Protein Requirements

If measurements are not available, what are the best methods to predict energy needs in adults with COPD?

Subquestion: In adults with COPD, how does the [predictive equation] relate to measured energy expenditure? What are valid and reliable predictive equations to estimate protein needs in adults with COPD?

List of Excluded Articles (N=163)

Article	Reason for Exclusion ¹
Ade-Oshifogun JB. Model of functional performance in obese elderly people with chronic obstructive pulmonary disease. <i>J Nurs Scholarsh</i> . 2012; 44(3): 232-41. PMID: 22882559 doi: 10.1111/j.1547-5069.2012.01457.x.	No comparison between measured and estimated energy or protein needs using a predictive equation.
Agha MA, El Wahsh RA. Basal metabolic rate in bronchial asthma and chronic obstructive pulmonary disease patients. <i>Egypt J Chest Dis Tuberc</i> . 2013;62(1):39-44.	BMR was measured using IC, but IC was not compared to estimated energy needs, using a predictive equation. No comparison between measured and estimated protein needs.
Ahmadi A, Haghighat N, Hakimrabet M, Tolide-ie H. Nutritional evaluation in chronic obstructive pulmonary disease patients. <i>Pak J Biol Sci</i> . 2012;15(10):501-5. PMID: 24187906.	No comparison between measured and estimated energy or protein needs using a predictive equation; evaluated nutrient intake only.
Ahnfeldt-Mollerup P, Hey H, Johansen C, Kristensen S, Brix Lindskov J, Jensahnfeldt-Mollerupen C. The effect of protein supplementation on quality of life, physical function, and muscle strength in patients with chronic obstructive pulmonary disease. <i>Eur J Phys Rehabil Med</i> .2015;51(4): 447-56. PMID: 25426541	No comparison between measured and estimated energy or protein needs using a predictive equation.
Andersson I, Gronberg A, Slinde F, Bosaeus I, Larsson S. Vitamin and mineral status in elderly patients with chronic obstructive pulmonary disease. <i>Clin Respir J.</i> 2007; 1(1): 23-9. PMID: 20298274 doi: 10.1111/j.1752-699X.2007.00003.x.	No comparison between measured and estimated energy or protein needs using a predictive equation; micronutrient intake only.
Andersson M, Slinde F, et al. Physical activity level and its clinical correlates in chronic obstructive pulmonary disease: a cross-sectional study. <i>Respir Res</i> . 2013;14:128. PMID: 24237876 doi: 10.1186/1465-9921-14-128.	No comparison between measured and estimated energy or protein needs using a predictive equation.
Anker SD, Laviano A, et al. ESPEN Guidelines on Parenteral Nutrition: on cardiology and pneumology. <i>Clin Nutr</i> 2009;28(4):455-60. PMID: 19515464 doi: 10.1016/j.clnu.2009.04.023.	Not a research study; ESPEN guidelines for COPD.
Arvidsson D, Slinde F, Nordenson A, Larsson S, Hulthén L. Validity of the ActiReg system in assessing energy requirement in chronic obstructive pulmonary disease patients. <i>Clin Nutr.</i> 2006 Feb;25(1):68-74. PMID: 16239051 Epub 2005 Oct 18.	Examined validity of a PAM (ActiReg) compared to DLW. REE was measured using IC, but IC or DLW were not compared to estimated energy needs, using a predictive equation. No comparison between measured and estimated protein needs.
Auyeung TW, Lee JS, et al. Adiposity to muscle ratio predicts incident physical limitation in a cohort of 3,153 older adultsan alternative measurement of sarcopenia and sarcopenic obesity. <i>Age (Dordr)</i> . 2013;35(4):1377-85. PMID: 22614096 doi: 10.1007/s11357-012-9423-9.	Lung condition that is not COPD; Older adult population with a variety of diagnoses, not all COPD; data were not separated for COPD patients only.
Baldi S, Aquilani R, et al. Fat-free mass change after nutritional rehabilitation in weight losing COPD: role of insulin, C-reactive protein and tissue hypoxia. <i>Int J Chron Obstruct Pulmon Dis.</i> 2010;5:29-39. PMID: 20368909.	No comparison between measured and estimated energy or protein needs using a predictive equation.
Barreiro E, Rabinovich R, et al. Chronic endurance exercise induces quadriceps nitrosative stress in patients with severe COPD. <i>Thorax</i> . 2009;64(1):13-9. PMID: 18835959 doi: 10.1136/thx.2008.105163.	Less than 10 subjects per study group.
Battaglia S, Spatafore M, et al. Ageing and COPD affect different domains of nutritional status: the ECCE study. <i>Eur Respir J</i> . 2011;37(6):1340-5. PMID: 21071469 doi:10.1183/09031936.00032310.	No comparison between measured and estimated energy or protein needs using a predictive equation.

Article	Reason for Exclusion ¹
Benton MJ, Wagner CL Alexander JL. Relationship between body mass index,	No comparison between measured and
nutrition, strength, and function in elderly individuals with chronic obstructive pulmonary disease. <i>J Cardiopulm Rehabil Prev.</i> 2010; 30(4): 260-3. PMID: 20410829 doi:10.1097/ HCR.0b013e3181d6f94f.	estimated energy or protein needs using a predictive equation; Dietary intake only.
Benton MJ, Wagner CL, Alexander JL. Relationship between body mass	No comparison between measured and
index, nutrition, strength, and function in elderly individuals with chronic	estimated energy or protein needs using a
obstructive pulmonary disease. <i>J Cardiopulm Rehabil Prev.</i> 2010;30(4):260-3. PMID: 20410829 doi:10.1097/HCR.0b013e3181d6f94f.	predictive equation; evaluated nutrient intake only.
Boeselt T, Spielmanns M, et al. Validity and usability of physical activity	No comparison between measured and estimated energy or protein needs using a
monitoring in patients with chronic obstructive pulmonary disease (COPD). <i>PLoS One</i> 2016 Jun 15; 11(6): e0157229. doi: 10.1371/journal.pone.0157229.	predictive equation; determined validity and
eCollection 2016. PMID: 27305105	usability of a PAM (Polar A300) compared to another validated PAM (SWA) device.
Broekhuizen R, Creutzberg EC, et al. Optimizing oral nutritional drink	REE was measured using IC but IC was not
supplementation in patients with chronic obstructive pulmonary disease. <i>Br J Nutr</i> .2005;93(6):965-71. PMID: 16022768.	compared to estimated energy needs using a predictive equation. No comparison between measured and estimated protein needs.
Broekhuizen R, Wouters, EF, et al. Raised CRP levels mark metabolic and	REE was measured using IC but IC was not
functional impairment in advanced COPD. <i>Thorax</i> .2006;61(1):17-22.	compared to estimated energy needs using a
PMID: 16055618 doi: 10.1136/thx.2005.041996.	predictive equation. No comparison between measured and estimated protein needs.
Brusik M, Ukropec J, et al. Circulatory and adipose tissue leptin and	REE was measured using IC but IC was not
adiponectin in relationship to resting energy expenditure in patients with	compared to estimated energy needs using a
chronic obstructive pulmonary disease. <i>Physiol Res.</i> 2012;61(5):469-80. PMID: 22881231.	predictive equation. No comparison between measured and estimated protein needs.
Buyukkaplan US, Akkaya A, et al. Mineral status of COPD patients under	No comparison between measured and
long-term inhaled corticosteroid therapy. <i>J Prosthodont</i> . 2008;17(6):462-7. PMID: 18573148 doi: 10.1111/j.1532-849X.2008.00334.x.	estimated (predictive equation) energy or protein needs.
Cai B, Zhu Y, Ma Y, et al. Effect of supplementing a high-fat, low-	No comparison between measured and
carbohydrate enteral formula in COPD patients. <i>Nutrition</i> 2003; 19(3): 229-32.	estimated energy or protein needs using a
PMID: 12620524.	predictive equation. Secondary criteria: published prior to 2005.
Calikoglu M, Sahin G, et al. Leptin and TNF-alpha levels in patients with chronic obstructive pulmonary disease and their relationship to nutritional	No comparison between measured and estimated energy or protein needs using a
parameters. <i>Respiration</i> .2004;71(1): 45-50. PMID: 14872110	predictive equation. Secondary criteria:
doi: 10.1159/000075648.	published prior to 2005.
Carter R, Holiday DB, et al. Predicting oxygen uptake for men and women	No comparison between measured and
with moderate to severe chronic obstructive pulmonary disease. <i>Arch Phys Med Rehabil</i> . 2003; 84(8): 1158-64. PMID: 12917855.	estimated energy or protein needs using a predictive equation. Secondary criteria:
Wet Rendott. 2005, 64(6). 1156-64. 1191D. 12917655.	published prior to 2005.
Casaburi R. Activity monitoring in assessing activities of daily living. COPD. 2007 Sep;4(3):251-5. <i>Review</i> PMID: 17729069	Review article.
Castro AA, Porto EF, et al. Oxygen and ventilatory output during several	No comparison between measured and
activities of daily living performed by COPD patients stratified according to	estimated energy or protein needs using a
disease severity. <i>PLoS One</i> . 2013;8(11): e79727. PMID: 24278164 doi: 10.1371/journal.pone.0079727.	predictive equation.
Cavalheri V, Donaria L, et al. Energy expenditure during daily activities as measured by two motion sensors in patients with COPD. <i>Respir Med.</i> 2011;	Examined accuracy of PAMs (SAB, DW pedometer) compared to IC, but IC was not
105(6): 922-9. PMID: 21276720 doi: 10.1016/j.rmed.2011.01.004.	compared to estimated energy needs, using a
	predictive equation. No comparison between measured and estimated protein needs.
Cavalheri V, Hill K, et al. Maximum voluntary ventilation is more strongly	Secondary analysis of Pitta et al, 2008
associated with energy expenditure during simple activities of daily living than measures of airflow obstruction or respiratory muscle strength in patients with	(excluded). No comparison between measured and estimated energy or protein needs using a
COPD. <i>Chron Respir Dis.</i> 2012;9(4):239-40. PMID: 23129801	predictive equation.
doi: 10.1177/1479972312458681.	1

Article	Reason for Exclusion ¹
Cazzola M, Segreti A, et al. Energy expenditure and impact of bronchodilators	No comparison between measured and
in COPD patients. Respir Med. 2010;104(10):1490-4. PMID: 20471237	estimated energy or protein needs using a
doi: 10.1016/j.rmed.2010.04.002.	predictive equation; used a PAM (SWA) to
	determine TEE.
Cochrane WJ, Afolabi OA. Investigation into the nutritional status, dietary	No comparison between measured and
intake and smoking habits of patients with chronic obstructive pulmonary	estimated energy or protein needs using a
disease. J Hum Nutr Diet. 2004;17(1):3-11; quiz 13-5. PMID: 14718026.	predictive equation. Secondary criteria:
· · · · · · · ·	published prior to 2005.
Cohen RI, Marzouk K, et al. Body composition and resting energy expenditure	Population that is not COPD; emphysema
in clinically stable, non-weight-losing patients with severe emphysema.	population. Secondary criteria: published prior
Chest.2003;124(4):1365-72. PMID: 14555567.	to 2005.
Constantin D, Menon MK, et al. Skeletal muscle molecular responses to	No comparison between measured and
resistance training and dietary supplementation in COPD. <i>Thorax</i> . 2013; 68(7):	estimated energy or protein needs using a
625-33. PMID: 23535211 doi: 10.1136/thoraxjnl-2012-202764.	predictive equation.
Creutzberg EC, Schols AM, et al. Characterization of nonresponse to high	Less than 10 subjects per study group.
caloric oral nutritional therapy in depleted patients with chronic obstructive	Secondary criteria: published prior to 2005.
pulmonary disease. Am J Respir Crit Care Med. 2000;161(3 Pt 1):745-52.	
PMID: 10712317 doi: 10.1164/ajrccm.161.3.9808075.	
Creutzberg EC, Wouters EF, et al. Efficacy of nutritional supplementation	No comparison between measured and
therapy in depleted patients with chronic obstructive pulmonary	estimated energy or protein needs using a
disease. Nutrition. 2003;19(2): 120-7. PMID: 12591542.	predictive equation. Secondary criteria:
	published prior to 2005.
Creutzberg EC, Wouters EF, et al. Disturbances in leptin metabolism are	No comparison between measured and
related to energy imbalance during acute exacerbations of chronic obstructive	estimated energy or protein needs using a
pulmonary disease. Am J Respir Crit Care Med. 2000;162(4 Pt 1):1239-45.	predictive equation. Secondary criteria:
PMID: 11029324 doi: 10.1164/ajrccm.162.4.9912016.	published prior to 2005.
Crisafulli E, Beneventi C, et al Energy expenditure at rest and during	Determined validity of a PAM (SWA)
walking in patients with chronic respiratory failure: a prospective two-phase	compared to IC but IC was not compared to
case-control study. <i>PLoS One</i> .2011;6(8):e23770. PMID: 21909356	estimated energy needs using a predictive
doi: 10.1371/journal.pone.0023770. Epub 2011 Aug 31.	equation. No comparison between measured
The state of the s	and estimated protein needs.
de Batlle J, Romieu I, et al. Dietary habits of firstly admitted Spanish COPD	No comparison between measured and
patients. Respir Med. 2009;103(12):1904-10. PMID: 19564102	estimated energy or protein needs using a
doi:10.1016/j.rmed.2009.06.001.	predictive equation; compared dietary intake
J	to Spanish nutritional standards.
De Benedetto F, Aceto A, et al. Long-term oral n-acetylcysteine reduces	No comparison between measured and
exhaled hydrogen peroxide in stable COPD. <i>Pulm Pharmacol Ther</i> .	estimated energy or protein needs using a
2005;18(1):41-7. PMID: 15607126 doi:10.1016/j.pupt.2004.09.030.	predictive equation.
Dennison EM, Dhanwal DK, et al. Is lung function associated with bone	No comparison between measured and
mineral density? Results from the Hertfordshire Cohort Study. Arch	estimated energy or protein needs using a
Osteoporos.2013; 8:115. PMID: 23322029 doi:10.1007/s11657-012-0115-y.	predictive equation.
Deutz NE, Matheson EM, et al. NOURISH Study Group. Readmission and	Malnourished hospitalized elderly population.
mortality in malnourished, older, hospitalized adults treated with a specialized	Not all patients were diagnosed with COPD;
oral nutritional supplement: A randomized clinical trial. <i>Clin Nutr</i> 2016 Feb;	data for COPD patients were not reported
35(1): 18-26. PMID: 26797412 doi 10.1016/j.clnu.2015.12.010. Epub 2016	separately.
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Dhillon SS, Sima CA, et al. Physical activity measurement accuracy in	Review article; hand searched for relevant
individuals with chronic lung disease: a systematic review with meta-analysis	primary research.
of method comparison studies. Arch Phys Med Rehabil.2015	
Nov;96(11):2079-88.e10. PMID: 26049088 doi:10.1016/j.apmr.2015.05.015.	
Epub 2015 Jun 3. Review.	
Duckers JM, Shale DJ, et al. Cardiovascular and musculskeletal co-morbidities	No comparison between measured and
in patients with alpha 1 antitrypsin deficiency. Respir Res. 2010 11:173.	estimated energy or protein needs using a
PMID: 21138571 doi: 10.1186/1465-9921-11-173.	predictive equation.

Article	Reason for Exclusion ¹
Egan C, Deering BM, et al. Short term and long term effects of pulmonary	No comparison between measured and
rehabilitation on physical activity in COPD. <i>Respir Med.</i> 2012;106(12):1671-9. PMID: 23063203 doi:10.1016/j.rmed.2012.08.016.	estimated energy or protein needs using a predictive equation.
Engelen MP, De Castro CL, et al. Enhanced anabolic response to milk protein sip feeding in elderly subjects with COPD is associated with a reduced splanchnic extraction of multiple amino acids. <i>Clin Nutr</i> 2012;31(5):616-24. PMID: 22682082 doi: 10.1016/j.clnu.2012.04.006.	Less than 10 subjects per study group.
Engelen MP, Rutten EP, et al. Casein protein results in higher prandial and exercise induced whole body protein anabolism than whey protein in chronic obstructive pulmonary disease. <i>Metabolism</i> .2012;61(9):1289-300. PMID: 22512824 doi:10.1016/j.metabol.2012.03.001.	Less than 10 subjects per study group.
Engelen MP, Rutten EP, et al. Supplementation of soy protein with branched-chain amino acids alters protein metabolism in healthy elderly and even more in patients with chronic obstructive pulmonary disease. <i>Am J Clin Nutr</i> . 2007;85(2):431-9. PMID: 17284740.	Less than 10 subjects per study group.
Farooqi N, Slinde F, et al. Validation of SenseWear Armband and ActiHeart monitors for assessments of daily energy expenditure in free-living women with chronic obstructive pulmonary disease. <i>Physiol Rep.</i> 2013 Nov;1(6): e00150.PMID: 24400152 doi: 10.1002/phy2.150. Epub 2013 Nov 26.	Determined validity of a PAM (SWA and AH) compared to DLW, but DLW was not compared to estimated energy needs, using a predictive equation. No comparison between
Farooqi N, Nordstrom L, et al. Changes in body weight and physical performance after receiving dietary advice in patients with chronic obstructive pulmonary disease (COPD): 1-year follow-up. <i>Arch Gerontol Geriatr</i> . 2011;53(1):70-5. PMID: 20619471 doi:10.1016/j.archger.2010.06.005.	measured and estimated protein needs. Energy needs were estimated using HBE and protein needs estimated using kcal/kg but there was no comparison between estimated energy or protein needs and measured.
Farooqi N, Slinde F, et al. Assessment of energy intake in women with chronic obstructive pulmonary disease: a doubly labeled water method study. <i>J Nutr Health Aging</i> . 2015;19(5):518-24. PMID: 25923480 doi:10.1007/s12603-014-0575-4.	REE was measured using IC; TEE was measured using DLW but IC or DLW was not compared to estimated energy needs using a predictive equation. No comparison between measured and estimated protein needs; dietary intake only.
Forli L, Moum T, et al. The influence of underweight and dietary support on well-being in lung transplant candidates. <i>Respir Med.</i> 2006;100(7):1239-46. PMID: 16311026 doi::10.1016/j.rmed.2005.10.016.	Lung condition that is not COPD; lung transplant candidate population which included COPD, fibrosis and sarcoidosis patients. Results of the COPD patients were not reported separately.
Forli L, Pedersen JI, et al. Dietary support to underweight patients with end- stage pulmonary disease assessed for lung transplantation. <i>Respiration</i> . 2001;68(1):51-7. PMID: 11223731	Not all subjects were diagnosed with COPD. Grouped by intervention and did not report data for COPD patients only. Secondary criteria: published prior to 2005.
Førlil L, Boe J. The energy intake that is needed for weight gain in COPD candidates for lung transplantation. <i>COPD</i> . 2005 Dec;2(4):405-10. PMID: 17147005.	No comparison between measured and estimated energy or protein needs using a predictive equation. Estimated energy was based on linear regression (weight change and energy intake). Secondary criteria: published prior to 2005.
Foy CG, Wickley KL, et al. The Reconditioning Exercise and Chronic Obstructive Pulmonary Disease Trial II (REACT II): rationale and study design for a clinical trial of physical activity among individuals with chronic obstructive pulmonary disease. <i>Contemp Clin Trials</i> . 2006 Apr;27(2):135-46. Epub 2006 Feb 2. PMID: 16458075	Not a research study; study design only.
Franssen FM, Wouters EF, et al. Arm mechanical efficiency and arm exercise capacity are relatively preserved in chronic obstructive pulmonary disease. <i>Med Sci Sports Exerc</i> . 2002; 34(10): 1570-6. PMID: 12370557 doi:10.1249/01.MSS.0000035989.68599.4f.	REE was measured using IC but IC was not compared to estimated energy needs using a predictive equation. No comparison between measured and estimated protein needs. Secondary criteria: published prior to 2005.

Article	Reason for Exclusion ¹
Furlanetto KC, Bisca GW, et al. Step counting and energy expenditure	Evaluated accuracy of PAMs (SWA; DW
estimation in patients with chronic obstructive pulmonary disease and healthy	pedometer) compared to IC but IC was not
elderly: accuracy of 2 motion sensors. Arch Phys Med Rehabil.	compared to estimated energy needs using a
2010;91(2):261-7. PMID: 20159131 doi:10.1016/j.apmr.2009.10.024.	predictive equation. No comparison between
	measured and estimated protein needs.
Garcia-Aymerich J, Serra I, et al. Physical activity and clinical and functional	No comparison between measured and
status in COPD. <i>Chest</i> .2009:136(1):62-70. PMID: 19255291	estimated energy or protein needs using a
doi:10.1378/chest.08-2532.	predictive equation.
Garcia-Aymerich J, Felez MA, et al. Physical activity and its determinants in	No comparison between measured and
severe chronic obstructive pulmonary disease. Med Sci Sports Exerc. 2004;	estimated energy or protein needs using a
36(10):1667-73. PMID: 15595285.	predictive equation. Secondary criteria:
	published prior to 2005.
Gariballa S, Foster S. Associations between underlying disease and nutritional	No comparison between measured and
status following acute illness in older people. <i>Clin Nutr</i> . 2007;26(4):466-73.	estimated energy or protein needs using a
PMID: 17383777 doi:10.1016/j.clnu.2007.01.012.	predictive equation.
Gariballa S, Forster S, Powers H. Riboflavin status in acutely ill patients and	Less than 10 subjects per study group.
response to dietary supplements. <i>J Parenter Enteral Nutr.</i> 2009;33(6):656-61.	
PMID: 19644132 doi:10.1177/0148607109336602.	No companion between 1 1
Godoy I, Campana AO, et al. Cytokines and dietary energy restriction in stable	No comparison between measured and
chronic obstructive pulmonary disease patients. <i>Eur Respir</i> 2003;22(6):920-5.	estimated energy or protein needs using a
PMID: 14680079.	predictive equation. Secondary criteria:
Caral-Dilattagli A. Hlubay C. at al. The affects of each avia and related	published prior to 2005.
Gorek Dilektasli A, Ulubay G, et al The effects of cachexia and related	REE was measured using IC but IC was not
components on pulmonary functions in patients with COPD. <i>Tuberk Toraks</i> . 2009; 57(3): 298-305. PMID: 19787469.	compared to estimated energy needs using a predictive equation. No comparison between
2009, 57(3). 290-303. FIVIID. 19707409.	measured and estimated protein needs.
Goris AH, Vermeeren MA, et al. Energy balance in depleted ambulatory	Less than 10 subjects per study group.
patients with chronic obstructive pulmonary disease: the effect of physical	Secondary criteria: published prior to 2005.
activity and oral nutritional supplementation. <i>Br J Nutr</i> . 2003;89(5):725-31.	secondary criteria, published prior to 2005.
PMID: 12720592 doi:10.1079/bjn2003838.	
Green HJ, Bombardier E, et al. Organization of metabolic pathways in vastus	Less than 10 subjects per study group.
lateralis of patients with chronic obstructive pulmonary disease. Am J Physiol	The state of the s
Regul Integr Comp Physiol. 2008;295(3):R935-41. PMID: 18635455	
doi:10.1152/ajpregu.00167.2008.	
Green HJ, Burnett ME, et al. Altered metabolic and transporter characteristics	Less than 10 subjects per study group.
of vastus lateralis in chronic obstructive pulmonary disease. J Appl Physiol	J 1 JC 1
(1985). 2008; 105(3): 879-86. PMID: 18635880	
doi:10.1152/japplphysiol.90458.2008.	
Gronberg AM, Slinde F, et al. Dietary problems in patients with severe chronic	No comparison between measured and
obstructive pulmonary disease. <i>J Hum Nutr Diet</i> . 2005; 18(6): 445-52.	estimated energy or protein needs using a
PMID: 16351703 doi: 10.1111/j.1365-277X.2005.00649.x.	predictive equation.
Guzun R, Aquilaniu B, et al. Effects of training at mild exercise intensities on	Less than 10 subjects per study group.
quadriceps muscle energy metabolism in patients with chronic obstructive	
pulmonary disease. Acta Physiol (Oxf). 2012;205(2):236-46. PMID: 22118364	
doi: 10.1111/j.1748-1716.2011.02388.x.	
Hackett TL, Scarci M, et al. Oxidative modification of albumin in the	No comparison between measured and
parenchymal lung tissue of current smokers with chronic obstructive	estimated energy or protein needs using a
pulmonary disease. Respir Res. 2010;11:180. PMID: 21176186	predictive equation.
doi: 10.1186/1465-9921-11-180.	NT
HajGhanbari B, Holsti L et al. Pain in people with chronic obstructive	No comparison between measured and
pulmonary disease (COPD). Respir Med. 2012;106(7):998-1005.	estimated energy or protein needs using a
PMID: 22531146 doi: 10.1016/j.rmed.2012.03.004.	predictive equation.
Hamaoka T, Tatsumi K, et al. Metabolic activity in skeletal muscles of patients	Less than 10 subjects per study group.
with non-hypoxaemic chronic obstructive pulmonary disease studied by 31P-	
magnetic resonance spectroscopy. <i>Respirology</i> . 2005;10(2):164-70.	
PMID: 15823180 doi:10.1111/j.1440-1843.2005.00696.x.	

Article	Reason for Exclusion ¹
Harrison SL, Horton EJ, et al. Physical activity monitoring: addressing the	No comparison between measured and
difficulties of accurately detecting slow walking speeds. <i>Heart Lung</i> . 2013;42(5):361-4 e1. PMID: 23998384 doi: 10.1016/j.hrtlng.2013.06.004.	estimated energy or protein needs using a predictive equation.
Hataji O, Naito M, et al. Indacaterol improves daily physical activity in patients with chronic obstructive pulmonary disease. <i>Int J Chron Obstruct Pulmon Dis.</i> 2013;8:1-5. PMID: 23293514 doi: 10.2147/copd.s38548.	No comparison between measured and estimated energy or protein needs using a predictive equation.
Hill K, Dolmage TE, Woon L, et al. Measurement properties of the SenseWear armband in adults with chronic obstructive pulmonary disease. <i>Thorax</i> . 2010 Jun; 65(6): 486-91 PMID: 20522844. doi: 10.1136/thx.2009.128702.	Compared a PAM (SAB) to IC, but IC was not compared to estimated energy needs using a predictive equation. No comparison between measured and estimated protein needs.
Hill K, Dolmage TE, et al. Rollator use does not consistently change the metabolic cost of walking in people with chronic obstructive pulmonary disease. <i>Arch Phys Med Rehabil</i> . 2012; 93(6): 1077-80. PMID: 22464094 doi: 10.1016/j.apmr.2012.01.009.	No comparison between measured and estimated energy or protein needs using a predictive equation.
Hill K, Dolmage TE, et al. Defining the relationship between average daily energy expenditure and field-based walking tests and aerobic reserve in COPD. <i>Chest.</i> 2012;141(2):406-12. PMID: 21835907 doi:10.1378/chest.11-0298.	No comparison between measured and estimated energy or protein needs using a predictive equation; evaluated a PAM (SAB) to determine TEE.
Hillman CM, Heinecke EL, et al. Relationship between body composition, peripheral muscle strength and functional exercise capacity in patients with severe chronic obstructive pulmonary disease. <i>Intern Med J.</i> 2012;42(5):578-81. PMID: 22616963 doi:10.1111/j.1445-5994.2012.02771.x.	No comparison between measured and estimated energy or protein needs using a predictive equation.
Hirayama F, Lee AH, et al. Dietary intake of six minerals in relation to the risk of chronic obstructive pulmonary disease. <i>Asia Pac J Clin Nutr.</i> 2010; 19(4): 572-7. PMID: 21147720.	No comparison between measured and estimated energy or protein needs using a predictive equation; dietary intake only.
Holland AE, Hill K, et al. Estimating peak work rate during incremental cycle ergometry from the 6-minute walk distance: differences between reference equations. Respiration. 2011; 81(2):124-8. PMID: 20357426 doi: 10.1159/000308464. Epub 2010 Apr 1.	No comparison between measured and estimated energy or protein needs using a predictive equation.
Hronek M, Kovarik M, et al. Skinfold anthropometrythe accurate method for fat free mass measurement in COPD. COPD. 2013;10(5):597-603. PMID: 23844827 doi: 10.3109/15412555.2013.781151.	No comparison between measured and estimated energy or protein needs using a predictive equation; evaluated accuracy of measuring FFM.
Hunt T, Williams MT and Olds TS. Reliability and validity of the multimedia activity recall in children and adults (MARCA) in people with chronic obstructive pulmonary disease. PLoS One. 2013; 8(11): e81274. PMID: 24312284 doi:10.1371/journal.pone.0081274.	No comparison between measured and estimated energy or protein needs using a predictive equation; evaluated three PAMs (Actigraph, SWA, pedometer) to measure TEE.
Itoh T, Nagaya N, et al. Elevated plasma ghrelin level in underweight patients with chronic obstructive pulmonary disease. <i>Am J Respir Crit Care Med</i> . 2004;170(8):879-82. PMID: 15271696 doi: 10.1164/rccm.200310-1404OC.	No comparison between measured and estimated energy or protein needs using a predictive equation. Secondary criteria: published prior to 2005.
Ives SJ, Harris RA, et al. Vascular dysfunction and chronic obstructive pulmonary disease: the role of redox balance. <i>Hypertension</i> . 2014; 63(3): 459-67. PMID: 24324045 doi:10.1161/ hypertensionaha.113.02255.	No comparison between measured and estimated energy or protein needs using a predictive equation.
Jagoe RT, Goodship TH, Gibson GJ. Nutritional status of patients undergoing lung cancer operations. <i>Ann Thorac Surg</i> . 2001;71(3):929-35. PMID: 11269476.	Lung condition that is not COPD; lung cancer population; no outcomes focused on COPD patients. Secondary criteria: published prior to 2005.
Jonker R, Deutz NE, et al Hydrolyzed casein and whey protein meals comparably stimulate net whole-body protein synthesis in COPD patients with nutritional depletion without an additional effect of leucine co-ingestion. <i>Clin Nutr.</i> 2014;33(2):211-20. PMID: 23886411 doi:10.1016/j.clnu.2013.06.014.	No comparison between measured and estimated energy or protein needs using a predictive equation.
Kao CC, Hsu JW, et al Resting energy expenditure and protein turnover are increased in patients with severe chronic obstructive pulmonary disease. <i>Metabolism</i> . 2011;60(10):1449-55. PMID: 21550084	Less than 10 subjects per study group.

Article	Reason for Exclusion ¹
doi: 10.1016/j.metabol.2011.02.013.	
Karloh M, Araujo CL, et al. The Glittre-ADL test reflects functional performance measured by physical activities of daily living in patients with chronic obstructive pulmonary disease. <i>Braz J Phys Ther</i> . 2016 Apr 8; 20(3): 223-30. PMID: 27437713 doi: 10.1590/bjpt-rbf.2014.0155.	No comparison between measured and estimated energy or protein needs using a predictive equation.
Katz P, Chen H, et al. The role of physical inactivity in increasing disability among older adults with obstructive airway disease. <i>J Cardiopulm Rehabil Prev.</i> 2011; 31(3): 193-7. PMID: 21124233 doi:10.1097/HCR. 0b013e3181fc09b7.	No comparison between measured and estimated energy or protein needs using a predictive equation.
Koehler F, Doehner W, et al. Anorexia in chronic obstructive pulmonary diseaseassociation to cachexia and hormonal derangement. <i>Int J Cardiol</i> . 2007;119(1):83-9. PMID: 17064790 doi:10.1016/j.ijcard.2006.07.088. Kuleci S, Hanta I, et al. The effect of different treatment modalities on	No comparison between measured and estimated energy or protein needs using a predictive equation. No comparison between measured and
oxidative stress in COPD. <i>Adv Ther</i> . 2008;25(7):710-7. PMID: 18592146 doi:10.1007/s12325-008-0064-4.	estimated energy or protein needs using a predictive equation.
Langer D, Gosselink R, et al. Validation of two activity monitors in patients with COPD. <i>Thorax</i> . 2009;64(7):641-2. PMID: 19561287 doi:10.1136/thx.2008.112102.	Evaluated accuracy of two PAMs (Minimod, SWA) compared to IC but IC was not compared to estimated energy needs using a predictive equation. No comparison between measured and estimated protein needs.
Laviolette L, Lands LC, et al. Combined effect of dietary supplementation with pressurized whey and exercise training in chronic obstructive pulmonary disease: a randomized, controlled, double-blind pilot study. <i>J Med Food</i> . 2010; 13(3): 589-98. PMID: 20521985 doi:10.1089/jmf.2009.0142.	No comparison between measured and estimated energy or protein needs using a predictive equation.
Layec G, Haseler LJ, et al. Evidence that a higher ATP cost of muscular contraction contributes to the lower mechanical efficiency associated with COPD: preliminary findings. <i>Am J Physiol Regul Integr Comp Physiol</i> . 2011;300(5):R1142-7. PMID: 21307358 doi:10.1152/ajpregu.00835.2010.	Less than 10 subjects per study group.
Lee H, Kim S, Lim et al. Nutritional status and disease severity in patients with chronic obstructive pulmonary disease (COPD). <i>Arch Gerontol Geriatr</i> . 2013 May-Jun;56(3):518-23. PMID: 23352455 doi: 10.1016/j.archger.2012.12.011. Epub 2013 Jan 23.	No comparison between measured and estimated energy or protein needs using a predictive equation; dietary intake only.
Lewis, MJ, Annandale J, Lewis KE. Influence of long-term oxygen therapy on heart rate and QT time-series in hypoxic patients with chronic obstructive pulmonary disease. <i>Clin Physiol Funct Imaging</i> . 2009; 29(6): 431-9. PMID: 19719731 doi:10.1111/j.1475-097X.2009.00891.x.	No comparison between measured and estimated energy or protein needs using a predictive equation.
Mantoani LC, Hernandes NA, et al. Does the BODE index reflect the level of physical activity in daily life in patients with COPD? <i>Rev Bras Fisioter</i> . 2011;15(2):131-7. PMID: 21789363.	No comparison between measured and estimated energy or protein needs using a predictive equation; evaluated TEE using two PAMs (DynaPort, SWA).
McKeough ZJ, Alison JA, et al. Reduction in resting energy expenditure following lung volume reduction surgery in subjects with chronic obstructive pulmonary disease. <i>Chron Respir Dis.</i> 2004;1(4):197-202. PMID: 16281646.	REE was measured using IC and expressed in kcals (Weir equation), kcals/kg and % predicted HBE but there was no direct comparison of methods. Secondary criteria: published prior to 2005.
Medinas-Amoros M, Alorda C, et al. Quality of life in patients with chronic obstructive pulmonary disease: the predictive validity of the BODE index. <i>Chron Respir Dis.</i> 2008; 5(1): 7-11. PMID: 18303096 doi:10.1177/1479972307082329.	No comparison between measured and estimated energy or protein needs using a predictive equation.
Menon MK, Constantin D, et al. Protein-carbohydrate supplementation does not influence the skeletal muscle functional or molecular response to high intensity resistance training in COPD. <i>Am J Respir Crit Care Med.</i> 2012; 185. Accession Number: CN-01107417.	No comparison between measured and estimated energy or protein needs using a predictive equation.
Miller A, Strauss BJ, et al. Dual-energy X-ray absorptiometry is the method of choice to assess body composition in COPD. <i>Respirology</i> . 2009; 14(3): 411-8. PMID: 19353776.	No comparison between measured and estimated energy or protein needs using a predictive equation.

Article	Reason for Exclusion ¹
Mineo TC, Pompeo E, et al. Resting energy expenditure and metabolic	Measured REE using IC but IC was not
changes after lung volume reduction surgery for emphysema. Ann Thorac	compared to estimated energy needs, using a
Surg. 2006; 82(4): 1205-11. PMID: 16996909	predictive equation. No comparison between
doi: 10.1016/j.athoracsur.2006.05.030.	measured and estimated protein needs.
Nagaya N, Itoh T, et al. Treatment of cachexia with ghrelin in patients with	Less than 10 subjects per study group.
COPD. Chest. 2005;128(3):1187-93. PMID: 16162705	
doi:10.1378/ chest.128.3.1187.	
Nakayama M, Bando M, et al. Physical activity in patients with idiopathic	Lung condition that is not COPD; idiopathic
pulmonary fibrosis. <i>Respirology</i> . 2015;20(4):640-6. PMID: 25728219	pulmonary fibrosis (without COPD).
doi:10.1111/resp.12500.	
Natanek SA, Gosker HR, et al. Pathways associated with reduced quadriceps	No comparison between measured and
oxidative fibres and endurance in COPD. Eur Respir J. 2013;41(6):1275-83.	estimated energy or protein needs using a
PMID: 23258787 doi:10.1183/09031936.00098412.	predictive equation.
Nava S, Fuccella LM, Viglianti B. Physiological effects of intravenous	No comparison between measured and
fructose 1.6-diphosphate on diaphragmatic function in malnourished patients	estimated energy or protein needs using a
with COPD. Monaldi Arch Chest Dis. 2004;61(4):203-8. PMID: 15909609.	predictive equation. Secondary criteria:
	published prior to 2005.
Nishijima Y, Minami S, et al. Influence of indacaterol on daily physical	No comparison between measured and
activity in patients with untreated chronic obstructive pulmonary disease. <i>Int J</i>	estimated energy or protein needs using a
Chron Obstruct Pulmon Dis. 2015; 10:439-44. PMID: 25767381	predictive equation; evaluated a PAM
doi:10.2147/copd.s76836.	(Lifecorder).
Obase Y, Mouri K, et al. Nutritional deficits in elderly smokers with	REE was measured using IC but IC was not
respiratory symptoms that do not fulfill the criteria for COPD. <i>Int J Chron</i>	compared to estimated energy needs using a
Obstruct Pulmon Dis. 2011; 6: 679-83. PMID: 22259244	predictive equation. No comparison between
doi:10.2147/ copd.s25293.	measured and estimated protein needs.
Odencrants S, Theander K. Assessment of nutritional status and meal-related	No comparison between measured and
situations among patients with chronic obstructive pulmonary disease in	estimated energy or protein needs using a
Primary health care - obese patients; a challenge for the future. <i>J Clin Nurs</i> .	predictive equation.
2013 Apr;22(7-8):977-85.PMID: 22861125 doi: 10.1111/j.1365-	
2702.2012.04184.x. Epub 2012 Aug 4.	
Odencrants S, Ehnfors M, Ehrenberg A. Nutritional status and body	No comparison between measured and
composition among persons with chronic obstructive pulmonary disease.	estimated energy or protein needs using a
J Nurs Health Chron Ill. 2009;1(1):60-70 11p. Accession Number:	predictive equation.
105310205. Entry Date: 20100319. Revision Date: 20150711. DOI:	
10.1111/j.1365-2702.2008.01008.x.	
Odencrants S, Ehnfors M, Grobe SJ. Living with chronic obstructive	No comparison between measured and
pulmonary disease: part I. Struggling with meal-related situations: experiences	estimated energy or protein needs using a
among persons with COPD. Scand J Caring Sci. 2005 Sep;19(3):230-9.	predictive equation.
PMID: 16101851.	
Osman LM, Ayres JG, et al. A randomised trial of home energy efficiency	No comparison between measured and
improvement in the homes of elderly COPD patients. Eur Respir J.	estimated energy or protein needs using a
2010;35(2):303-9. PMID: 19643937 doi:10.1183/09031936.00187708.	predictive equation; evaluated impact of home
	energy efficiency on outcomes.
Perrault H, Gravel G, et al. Cycling efficiency is not compromised for	No comparison between measured and
moderate exercise in moderately severe COPD. Med Sci Sports Exerc. 2007;	estimated energy or protein needs using a
39(6):918-25. PMID: 17545880 doi:10.1249/mss. 0b013e3180383d50.	predictive equation.
Pitta F, Takaki MY, et al. Relationship between pulmonary function and	No comparison between measured and
physical activity in daily life in patients with COPD. Respir Med. 2008;	estimated energy or protein needs using a
102(8): 1203-7. PMID: 18573647 doi:10.1016/j.rmed.2008.03.004.	predictive equation; evaluated a PAM (SWA).
Planas M, Alvarez J, et al. Nutritional support and quality of life in stable	Estimated energy needs using HBE but HBE
	Estimated energy needs dsing libe out libe
chronic obstructive pulmonary disease (COPD) patients. <i>Clin Nutr</i> .	
chronic obstructive pulmonary disease (COPD) patients. <i>Clin Nutr</i> . 2005 Jun;24(3):433-41. Epub 2005 Apr 21. PMID: 15896431.	was not compared to measured energy needs. No comparison between measured and

Article	Reason for Exclusion ¹
Pobeha P, Ukropec J, et al. Relationship between osteoporosis and adipose tissue leptin and osteoprotegerin in patients with chronic obstructive pulmonary disease. <i>Bone</i> . 2011; 48(5): 1008-14. PMID: 21376149 doi:10.1016/j.bone.2011.02.017.	No comparison between measured and estimated energy or protein needs using a predictive equation.
Pouw EM, Ten Velde GP, et al. Early non-elective readmission for chronic obstructive pulmonary disease is associated with weight loss. <i>Clin Nutr</i> . 2000;19(2):95-9. PMID: 10867726 doi:10.1054/clnu.1999.0074.	No comparison between measured and estimated energy or protein needs using a predictive equation. Secondary criteria: published prior to 2005.
Probst VS, Kovelis D, et al. Effects of 2 exercise training programs on physical activity in daily life in patients with COPD. <i>Respir Care</i> . 2011;56(11):1799-807. PMID: 22035826 doi:10.4187/respcare.01110.	No comparison between measured and estimated energy or protein needs using a predictive equation; evaluated effects of two exercise training programs on TEE and total time for activity using PAMs (Dynaport, SWA).
Puente-Maestu L, SantaCruz A, et al. Effects of training on the tolerance to high-intensity exercise in patients with severe COPD. <i>Respiration</i> . 2003;70(4):367-70. PMID: 14512671	No comparison between measured and estimated energy or protein needs using a predictive equation. Secondary criteria: published prior to 2005.
Rabinovich RA, Louvaris Z, et al. PROactive Consortium. Validity of physical activity monitors during daily life in patients with COPD. <i>Eur Respir J.</i> 2013 Nov; 42(5): 1205-15. PMID: 23397303 doi: 10.1183/09031936.00134312. Epub 2013 Feb 8.	Evaluated validity and usability of six different PAMs compared to DLW but DLW was not compared to estimated energy needs using a predictive equation. No comparison between measured and estimated protein needs.
Ramires BR, de Oliveira EP, et al. Resting energy expenditure and carbohydrate oxidation are higher in elderly patients with COPD: a case control study. <i>Nutr J.</i> 2012;11:37. PMID: 22672689 doi:10.1186/1475-2891-11-37.	REE was measured by IC but IC was not compared to estimated energy needs using a predictive equation. No comparison between measured and estimated protein needs.
Reed RM, Wise RA, et al. Elevated HDL cholesterol levels are associated with osteoporosis in lung transplant candidates with chronic obstructive pulmonary disease. <i>Respir Med.</i> 2010;104(12):1943-50. PMID: 20801628 doi:10.1016/j.rmed.2010.08.004.	No comparison between measured and estimated energy or protein needs using a predictive equation.
Reeves A, White H, et al. Energy and protein intakes of hospitalised patients with acute respiratory failure receiving non-invasive ventilation. <i>Clin Nutr</i> . 2014;33(6):1068-73. PMID: 24321188 doi:10.1016/j.clnu.2013.11.012.	Lung condition that is not COPD; acute respiratory failure population which included COPD obstructive sleep apnea or obesity hypoventilation syndrome. Data for COPD patients were not reported separately.
Renvall MJ, Friedman P, Ramsdell JW. Predictors of body mass index in patients with moderate to severe emphysema. <i>COPD</i> . 2009;6(6):432-6. PMID: 19938965 doi: 10.3109/15412550903433034.	No comparison between measured and estimated energy or protein needs using a predictive equation.
Rinaldo N, Bacchi E, et al. Effects of Combined Aerobic-Strength Training vs Fitness Education Program in COPD Patients. <i>Int J Sports Med.</i> 2017 Nov; 38(13): 1001-1008. PMID: 28982202 doi: 10.1055/s-0043-112339. Epub 2017 Oct 5.	No comparison between measured and estimated energy or protein needs using a predictive equation.
Rutten EP, Engelen MP, et al. Metabolic and functional effects of glutamate intake in patients with chronic obstructive pulmonary disease (COPD). <i>Clin Nutr.</i> 2008;27(3):408-15. PMID: 18433945 doi:10.1016/j.clnu.2008.03.001.	Less than 10 subjects per study group.
Sabit R, Bolton CE, et al. Arterial stiffness and osteoporosis in chronic obstructive pulmonary disease. <i>Am J Respir Crit Care Med</i> . 2007;175(12):1259-65. PMID: 17363772 doi:10.1164/rccm.200701-067OC.	No comparison between measured and estimated energy or protein needs using a predictive equation.
Sadowska AM, Manuel-y-Keenoy B, et al. Effect of N-acetylcysteine on neutrophil activation markers in healthy volunteers: in vivo and in vitro study. <i>Pharmacol Res.</i> 2006; 53(3): 216-25. PMID: 16384711 doi: 10.1016/j.phrs.2005.11.003.	No comparison between measured and estimated energy or protein needs using a predictive equation.
Saglam M, Vardar-Yagli N, et al. Functional capacity, physical activity, and quality of life in hypoxemic patients with chronic obstructive pulmonary	No comparison between measured and estimated energy or protein needs using a

Article	Reason for Exclusion ¹
disease. <i>Int J Chron Obstruct Pulmon Dis</i> . 2015;10:423-8. PMID: 25750524 doi:10.2147/copd.s78937.	predictive equation; TEE was measured using a PAM (Caltrac accelerometer).
Sant'Anna T, Escobar VC, et al. Evaluation of a new motion sensor in patients with chronic obstructive pulmonary disease. <i>Arch Phys Med Rehabil</i> . 2012; 93(12): 2319-25. PMID: 22705466 doi: 10.1016/j.apmr.2012.05.027.	No comparison between measured and estimated energy or protein needs using a predictive equation; evaluated two PAMs (SAB, PW).
Schiffelers SL, Blaak EE, et al. beta-Adrenoceptor-mediated thermogenesis and lipolysis in patients with chronic obstructive pulmonary disease. <i>Am J Physiol Endocrinol Metab.</i> 2001;280(2):E357-64. PMID: 11158941.	Less than 10 subjects per study group. Secondary criteria: published prior to 2005.
Sergi G, Coin A, et al. Body composition and resting energy expenditure in elderly male patients with chronic obstructive pulmonary disease. <i>Respir Med.</i> 2006; 100(11): 1918-24. PMID: 16635565 doi: 10.1016/j.rmed.2006.03.008.	REE was measured using IC; REE was also estimated using an unpublished formula. However, there was no direct comparison of methods.
Shields GS, Coiossi GS, et al. Bioenergetics and intermuscular fat in chronic obstructive pulmonary disease-associated quadriceps weakness. <i>Muscle Nerve</i> . 2015;51(2):214-21. PMID: 24831173 doi:10.1002/mus.24289.	No comparison between measured and estimated energy or protein needs using a predictive equation.
Shin KC, Chung JH, Lee KH. Effects of TNF-alpha and leptin on weight loss in patients with stable chronic obstructive pulmonary disease. <i>Korean J Intern Med</i> . 2007; 22(4): 249-55. PMID: 18309683.	REE was measured using IC but IC was not compared with estimated energy needs using a predictive equation. No comparison between measured and estimated protein needs.
Slinde F, Ellegard L, et al. Total energy expenditure in underweight patients with severe chronic obstructive pulmonary disease living at home. <i>Clin Nutr</i> . 2003;22(2):159-65. PMID: 12706133.	BMR was measured by IC and TEE was measured by DLW and compared with predictive equations to estimate energy needs. However, study did not meet secondary criteria: published prior to 2005.
Slinde F, Grönberg A. Energy requirement in COPD. <i>Clin Nutr</i> . 2005 Oct;24(5):862; author reply 863. No abstract available. PMID: 16039018 Slinde F, Kvarnhult K, et al. Energy expenditure in underweight chronic obstructive pulmonary disease patients before and during a physiotherapy programme. <i>Eur J Clin Nutr</i> . 2006; 60(7): 870-6. PMID: 16452911 doi:10.1038/sj.ejcn.1602392.	Not a research study; letter to the editor re: Planas et al, 2005 REE was measured by IC and TEE was determined by DLW but IC or DLW were not compared to estimated energy needs using a predictive equation. No comparison between measured and estimated protein needs.
Slinde F, Gronberg AM, et al. Individual dietary intervention in patients with COPD during multidisciplinary rehabilitation. <i>Respir Med</i> . 2002; 96(5):330-6. PMID: 12113383.	No comparison between measured and estimated energy or protein needs using a predictive equation. Secondary criteria: published prior to 2005.
Steiner MC, Barton RL, et al. Bedside methods versus dual energy X-ray absorptiometry for body composition measurement in COPD. <i>Eur Resp J</i> . 2002; 19(4): 626-631. Accession Number: CN-00477052.	No comparison between measured and estimated energy or protein needs using a predictive equation. Secondary criteria: published prior to 2005.
Steiner MC, Barton RL, et al. Nutritional enhancement of exercise performance in chronic obstructive pulmonary disease: a randomised controlled trial. <i>Thorax</i> . 2003;58(9):745-51. PMID: 12947128.	No comparison between measured and estimated energy or protein needs using a predictive equation. Secondary criteria: published prior to 2005.
Sugawara K, Takahashi H, et al. Effect of anti-inflammatory supplementation with whey peptide and exercise therapy in patients with COPD. <i>Respir Med</i> . 2012; 106(11): 1526-34. PMID: 22857881 doi:10.1016/j.rmed.2012.07.001. Sugawara K, Takahashi H, et al. Effects of nutritional supplementation	REE was measured using IC; HBE was also used to estimate energy needs but there was no direct comparison between HBE and IC. REE was measured using IC but IC was not
combined with low-intensity exercise in malnourished patients with COPD. Respir Med. 2010; 104(12): 1883-9. PMID: 20627502 doi: 10.1016/ j.rmed.2010.05.008. Sugino M, Yoshimori K, et al. Nutritional status and resting energy	compared to estimated energy needs using a predictive equation. No comparison between measured and estimated protein needs. Not a research study; ERS International
expenditure in patients with chronic obstructive pulmonary disease. <i>Revista Espanola de Nutricion Humana y Dietetica</i> - Volume 20, Issue 0, pp. 440 - published 2016-01-01	Congress abstract.

Article	Reason for Exclusion ¹
Sundvall P, Grunberg A, et al. Energy and nutrient intake in patients with	No comparison between measured and
chronic obstructive pulmonary disease hospitalized owing to an acute	estimated energy or protein needs using a
exacerbation. Scan J Nutr. 49 (3); 2005, 116-121.	predictive equation.
Takabatake N, Nakamura H, et al. A novel pathophysiologic phenomenon in cachexic patients with chronic obstructive pulmonary disease: the relationship between the circadian rhythm of circulating leptin and the very low-frequency component of heart rate variability. <i>Am J Respir Crit Care Med.</i> 2001; 163(6): 1314-9. PMID: 11371394 doi:10.1164/ajrccm.163.6.2004175.	Less than 10 subjects per study group. Secondary criteria: published prior to 2005.
Tang NL, Chung ML et al. Total daily energy expenditure in wasted chronic	REE was measured using IC; HBE was used
obstructive pulmonary disease patients. <i>Eur J Clin Nutr</i> . 2002;56(4):282-7. PMID: 11965503 doi: 10.1038/sj.ejcn.1601299.	to estimate energy needs. However, study did not meet secondary criteria: published prior to 2005.
Thorsdottir I, Gunnarsdottir I. Energy intake must be increased among recently	BEE was estimated using HBE but HBE was
hospitalized patients with chronic obstructive pulmonary disease to improve	not compared to measured REE; nitrogen
nutritional status. J Am Diet Assoc. 2002;102(2):247-9. PMID: 11846120.	balance was reported for N=9 subjects.
	Secondary criteria: published prior to 2005.
van de Bool C, Mattijssen-Verdonschot C, et al. Quality of dietary intake in	No comparison between measured and
relation to body composition in patients with chronic obstructive pulmonary disease eligible for pulmonary rehabilitation. <i>Eur J Clin Nutr</i> . 2014;68(2):159-65. PMID: 24327123 doi: 10.1038/ejcn.2013.257.	estimated energy or protein needs using a predictive equation; dietary intake only.
van der Vaart H, Postma DS, et al. Bronchodilation improves endurance but	REE was measured using IC but IC was not
not muscular efficiency in chronic obstructive pulmonary disease. <i>Int J Chron</i>	compared to estimated energy needs using a
Obstruct Pulmon Dis. 2011;6:229-35. PMID: 21660300	predictive equation. No comparison between
doi:10.2147/copd.s17482.	measured and estimated protein needs.
van der Vaart H, Koeter GH, et al. First study of infliximab treatment in	Less than 10 subjects per study group.
patients with chronic obstructive pulmonary disease. <i>Am J Respir Crit Care</i> Med. 2005;172(4):465-9. PMID: 15937294 doi:10.1164/rccm.200501-147OC.	
van Gestel AJ, Clarenbach CF, et al. Predicting daily physical activity in	No comparison between measured and
patients with chronic obstructive pulmonary disease. PLoS One.	estimated energy or protein needs using a
2012;7(11):e48081. PMID: 23133612 doi:10.1371/journal.pone.0048081.	predictive equation; evaluated a PAM (SWA
	Pro).
Van Remoortel H, Raste Y, et al. Validity of six activity monitors in chronic	Compared six different PAMs to IC but IC
obstructive pulmonary disease: a comparison with IC. <i>PLoS One.</i> 2012;7(6):	was not compared to estimated energy needs
e39198. PMID: 22745715 DOI: 10.1371/journal.pone.0039198.	using a predictive equation. No comparison
	between measured and estimated protein
	needs.
Varraso R, Fung TT, et al. Prospective study of dietary patterns and chronic	No comparison between measured and
obstructive pulmonary disease among US men. <i>Thorax</i> . 2007;62(9):786-91.	estimated energy or protein needs using a
PMID: 17504819 doi: 10.1136/thx.2006.074534.	predictive equation; evaluated diet patterns.
Velloso M, Jardim JR. Study of energy expenditure during activities of daily	No comparison between measured and
living using and not using body position recommended by energy conservation	estimated energy or protein needs using a
techniques in patients with COPD. Chest. 2006;130(1):126-32.	predictive equation.
PMID: 16840392 doi:10.1378/chest.130.1.126.	
Vermeeren MA, Wouters EF, et al. Nutritional support in patients with chronic	No comparison between measured and
obstructive pulmonary disease during hospitalization for an acute	estimated energy or protein needs using a
exacerbation; a randomized controlled feasibility trial. <i>Clin Nutr.</i>	predictive equation. Secondary criteria:
2004;23(5):1184-92. PMID: 15380912 doi:10.1016/j.clnu.2004.03.008.	published prior to 2005.
Vermeeren MA, Wouters EF, et al. Acute effects of different nutritional	No comparison between measured and
supplements on symptoms and functional capacity in patients with chronic	estimated energy or protein needs using a
obstructive pulmonary disease. <i>Am J Clin Nutr</i> . 2001;73(2):295-301. PMID: 11157327.	predictive equation. Secondary criteria: published prior to 2005.
Villaca DS, Lerario MC, et al. Clinical value of anthropometric estimates of	No comparison between measured and
leg lean volume in nutritionally depleted and non-depleted patients with	estimated energy or protein needs using a
chronic obstructive pulmonary disease. Br J Nutr. 2008;100(2):380-6.	predictive equation.
PMID: 18184453 doi:10.1017/s0007114507886399.	

Reason for Exclusion ¹
No comparison between measured and
estimated energy or protein needs using a
predictive equation; dietary patterns only.
Secondary criteria: published prior to 2005.
No comparison between measured and
estimated energy or protein needs using a
predictive equation.
No comparison between measured and
estimated energy or protein needs using a
predictive equation.
T
No comparison between measured and
estimated energy or protein needs using a
predictive equation.
Francis
No comparison between measured and
estimated energy or protein needs using a
predictive equation.
Review article.
No comparison between measured and
estimated energy or protein needs using a
predictive equation.
productive equations
No comparison between measured and
estimated energy or protein needs using a
predictive equation; macronutrient intake
only.
No comparison between measured and
estimated energy or protein needs using a
predictive equation. Secondary criteria:
published prior to 2005.
No comparison between measured and
estimated energy or protein needs using a
predictive equation; Energy needs were

¹Abbreviations: AH=ActiHeart; BEE=basal energy expenditure; BMR=basal metabolic rate; DLW=doubly labeled water; DW=Digiwalker (pedometer); EE=energy expenditure; ERS=European Respiratory Society; ESPEN=European Society for Clinical Nutrition and Metabolism; FFM=fat-free mass; HBE=Harris-Benedict Equation; IC=IC; PAM(s)=physical activity monitor(s); PW=Power Walker; REE=resting energy expenditure; TEE=total energy expenditure; SAB=SenseWear armband; SWA=SenseWear armband.