<table>
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<th>Module 1: Introduction to the EAL</th>
<th>Module 2: The EAL Evidence Analysis Process</th>
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<tbody>
<tr>
<td><strong>34 slides / 10 minutes</strong></td>
<td><strong>48 slides / 14 minutes</strong></td>
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**Module Outline**

- Introduction
- About the EAL Orientation Tutorial
- CPE Information
- Module 1 Objectives
- About the EAL
- How Academy Members can Access the EAL
  - Via eatrightpro.org
  - Via andeal.org
- Not an Academy member
- The ‘Home’ Page > Navigation, Quick Links, Additional Links
- Going Home,
- Responsive Screen
- Projects tab
- Project Home Page
- Left Navigation Bar
- NCP Categories
- UWL Example
- Intervention Example
- Policy and Process Tab
- Resources Tab
- Index Tab
- Search Results
- About Tab
- Tools > Bookmark and Print Queue, Notes
- Printing
- Help
- Contact Us

**Module 2 Objectives**

- Definition of Evidence Based Practice
- EAL Process
- Why Use Evidence Based
- Members of the EAL team
- Expert Workgroup Responsibilities
- Evidence Analysts
- Project Leaders
- Academy Staff
- Steps in the Evidence Analysis Process

**Step 1: Formulate the Question**

- What Questions?
- Nutrition Care Process
- Question Development
- PICO Chart
- Example: Poor Questions
- Example: Good Questions
- How Do We Identify Key Factors?
- Two Types of Outcomes
- Intervention Factors

**Step 2: Gather and Classify the Research**

- Search Process
- Search Strategy
- Steps in Identifying Research
- Search Plan & Results for Each Question
- Inclusion Criteria Example
- Search Plan & Results
Step 3: Critically Appraise Each Article
- Critical Appraisal of Each Article
- DET Worksheet Example
- Quality Criteria Checklist
- Quality Criteria Checklist Example

Step 4: Summarize the Evidence
- Evidence Summary
- Narrative Evidence Summary
- Summary Table
- Evidence Summary Bibliography

Step 5: Develop Conclusion Statement & Grade the Strength of the Evidence
- Conclusion Statement
- Explanation of Grades
- Conclusion Grading Table

Publish on the EAL
- Next Steps

Module 3 Objectives
- What is an Evidence Based Nutrition Practice Guideline
- Importance of Evidence Based Nutrition Practice Guideline
- History of Academy’s Guidelines
- The EAL Development Process
- Guideline Scope
- Developing the Scope
- Guideline Recommendations Process
  - Components of each Guideline
  - What is a Recommendation
  - Evidence-Based Research
  - Recommendations
  - NCP Terminology
  - Classification Label
  - Recommendation Rating & Chart
  - Risk/Harms
  - Condition of Application
  - Potential Costs Associated with Application
  - Recommendation Narrative
  - Recommendation Strength Rationale
  - Minority Opinion
  - Supporting Evidence
  - References
  - References Not Graded in the Academy’s Process
  - External Guidelines

Guideline Review
- Navigating the Guideline
- Locating the Guideline
  - Guideline Links
  - Executive Summary
  - Guideline Introduction
  - Major Recommendations
  - Additional Information
  - Individual Recommendation

Printing Guideline
- Updating Guideline
- Next Steps
- Resources

Module 4 Objectives
- Guideline Dissemination
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<td>- Promotion</td>
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